

Menu

cooked &  
prepared  
fresh for  
you to  
**enjoy**

stenap**plus** 



# Breakfast



## Porridge

served with honey, yoghurt and mixed berries.

£4.50

## Buttermilk Pancakes

with maple syrup and forest fruit compote.

**add bacon £1.00**

£5.70

## Continental Selection

fresh fruit salad, yoghurt & granola, buttered croissant, toasted bloomer bread, butter and preserves.

£6.70

## Homemade Granola

served on natural yoghurt with mixed berries compote, chunks of mango, finished with honey.

£5.70



## Toasted Bacon Bloomer

toasted farmhouse bloomer with rashers of grilled back-bacon and sliced beef tomato.

£7.70

## Eggs Benedict

poached eggs over back-bacon and toasted english muffin topped with freshly prepared hollandaise.

**without bacon £6.90**

£7.90



## Smashed Avocado on Toast

toasted sourdough bread with ripened avocado chunks, sliced beef tomato, finished with fresh chives, milled pepper and drizzled with olive oil.

£6.90



## Vegetarian Breakfast Grill

free-range fried or scrambled egg, Quorn™ sausages, potato hash brown, grilled tomato, mushrooms and baked beans.

**add two slices of toast & spread £1.00**

£9.70



## Gluten Free Breakfast Grill

free-range fried or scrambled egg, pork sausages, back-bacon, grilled tomato, potato hash brown and baked beans.

**add a warm gluten free roll £1.00**

£9.70



## The Breakfast Grill

free-range fried or scrambled egg, pork sausages, back-bacon, potato hash brown, potato bread and baked beans.

**add two slices of toast & spread £1.00**

£9.70

Gluten Free. Suitable for vegetarians. Suitable for vegans.

If you have a food allergy, intolerance or sensitivity, please speak to a member of staff before ordering. Our seafood is **MSC** certified.



The  
**Breakfast  
Grill**  
Only £9.<sup>70</sup>



# Lunch & dinner



## Soup of the Day

£4.80

freshly prepared by our onboard chefs, served with a warm crusty roll and spread.

## Soup & Sandwich

£7.80

soup of the day, served with one of the following sandwiches: ham; tuna mayonnaise with spring onion; cheddar cheese & pickle; or free-range egg mayonnaise with cress.

## Stena Burger

£10.50

a mouth-watering 6oz burger loaded up on a toasted brioche bun, topped with a chipotle sauce, baby gem lettuce, tomato, pickle and sliced red onion, served with chunky chips.

vegan option £9.50

bacon & cheese £12.50

double burger £12.30

## Swedish Meatballs

£9.20

tender swedish meatballs in a traditional cream sauce, served with seasoned mashed potato, sweet lingonberries and a garnish of pickled cucumber.

## Roasted Vegetable Lasagne

£8.90

homemade vegetable lasagne made with freshly sliced zucchini, red bell peppers, garlic and spinach served with hot garlic bread and tossed salad.

add chips £1.50

## Stena Caesar Salad

£9.20

the classic salad crunch of gem lettuce, crunchy croutons, and parmesan shavings, tossed in our homemade vegetarian caesar dressing, topped with lukewarm succulent skin-on chicken breast.

classic option £7.20

## Toasted Bacon Bloomer

£7.50

toasted farmhouse bloomer with rashers of grilled back-bacon and sliced beef tomato.

## Swedish Open Prawn Sandwich

£9.50

traditional Swedish sandwich on polar bread, topped with crispy baby gem lettuce, hand-peeled prawns, mayonnaise and boiled egg.

## Thai Red Curry

£9.90

slices of chicken breast simmered in a spicy and savory coconut-milk based curry with strips of bamboo shoot and bell peppers served with jasmine rice.

## Fish & Chips

£10.90

freshly battered atlantic cod fillet served with chips, mushy peas, homemade tartare sauce, lemon and parsley.

add two slices of bread & butter £1.00

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